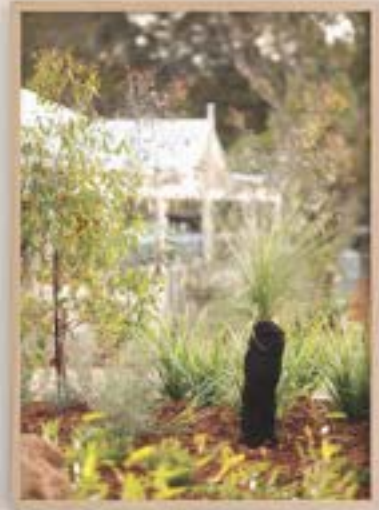


St Ives Happiness Report

EDITION 7



ST IVES
RETIREMENT LIVING

Live Happy!



A Message from the CEO



CEO – John Ford

I'm excited to bring you the latest update from the St Ives Happiness Report. In this issue, we take a look at the key events of 2024, share the results from our year-end resident survey, and provide fresh insights into the world of retirement living.

This November, we conducted our annual resident survey, gathering valuable feedback from residents across all eight of our villages. This survey is a vital tool that allows us to gain a clearer understanding of what makes our communities thrive, where we excel, and where we can improve. It was heartening to see the overwhelmingly positive feedback about our dedicated staff, the ideal locations of our villages, and the sense of safety they provide. This year, we were especially pleased to see an increase in our Happiness Score, which motivates us to continue improving and creating even happier communities.

In 2025, we're excited to extend an array of fantastic benefits to our residents. These include exclusive offers from local Western Australian businesses like Regal Theatre and Endota. Throughout the year, we will also continue to collaborate with long-standing partners such as WASO and the West Australian Ballet, so keep an eye out for their contributions.

This October, we celebrated with a touch of comedy and chaos! Our Confetti and Chaos events were held in four prominent villages: Northshore, Carine, Centro, and Murdoch. Residents and potential buyers alike were treated to a surprise wedding celebration that quickly turned into comedic pandemonium. With uninvited guests, family secrets spilling out, and mischief aplenty, the immersive and highly improvised comedy kept everyone entertained from start to finish. Featuring four performers playing nine characters and a 3-course meal, it was an unforgettable experience full of laughter, love, and tears.

At St Ives, our dedicated team works tirelessly to deliver exceptional service across all our villages. We're incredibly proud of our employees and their contributions, which make such a positive impact on the lives of our residents. We also appreciate the residents who take the time to recognise our staff. A single nomination can brighten a team member's day, and we're always eager to celebrate their outstanding work through our Excellence Awards. If you'd like to nominate any staff members, please contact village management.

As we look ahead, we hope you continue to enjoy a happy and healthy year. On behalf of the entire St Ives team, I'd like to thank you for your ongoing support and wish you and your loved ones a wonderful holiday season.

Regards,
John Ford

Our Happiness Strategy in action

Since February 2019, St Ives has focused on six key strategic areas to enhance the well-being and happiness of our village residents. In line with our ongoing commitment, we have carefully defined and implemented targeted actions within each area. Now, we are excited to share an overview of our achievements over the past year.

A quality experience whenever you interact with us

- Continual staff development and training.



Continual improvement and innovation

- Further improved staff technology to optimise productivity and provide greater flexibility for work both in the office and remotely.
- Continuously measured workflow efficiencies of newly implemented software programs to ensure they are adding value to our business operations.
- Enhanced the security of our supplier payment system. This initiative is part of our ongoing efforts to ensure the integrity and safety of our financial processes.



The backing of a strong WA business for peace of mind

- Strong sales and settlements results – especially with the great success of Carine stage 2 selling out within three months.
- New brand awareness marketing campaign.
- Completion of development at St Ives Carine Stage 2.
- Continued preparation of St Ives Albany Stage 3a.



Optimise financial performance

- Worked proactively with Resident Committees and Resident Finance Committees to enhance performance and collaboratively identify operational efficiencies and cost-saving opportunities. This partnership delivered strong financial outcomes, with most villages successfully meeting their operational budget targets.
- Presented village budgets, audited SPFR accounts and AGM meetings well within required timeframes.



Continue building an engaged workforce and culture

- 90% of employees took part in the 2024 St Ives Engagement Survey, with our current Employee Engagement score sitting at a very positive 78%. Our employees rate St Ives very highly as a great place to work, and are proud of the role they play in achieving our purpose of creating WA's happiest retirement community.



A compliant and safe environment

- Data Loss Prevention (DLP) labels in Microsoft 365.
- Rolled out Microsoft Defender for Endpoint.
- Conducted fortnightly safety audits at all office spaces and villages to ensure we provide a healthy and safe working environment.
- Created a Psychosocial Risk Register across all St Ives worksites to ensure our employee's mental health and wellbeing are top priority.
- Continued development of the new Contractor Management System (CMS). Making sure all contractors meet our high safety standards.



Your feedback is needed

We deeply value your feedback, as it plays a vital role in shaping our efforts to meet your priorities. Thank you for sharing your insights, and we encourage you to continue engaging with your Village Manager to address any concerns.

EOY Resident

Survey Results

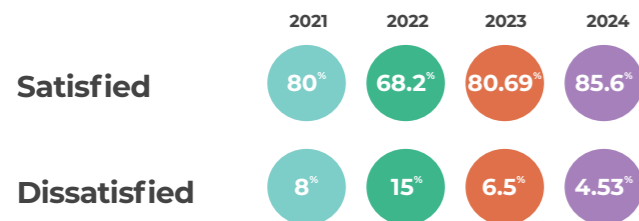


Thanks to everyone that participated in the End of Year Resident Survey for 2024. The results are reflecting the views of 261 responses representing 357 residents.

We would love to see this number grow, as the feedback provided helps us understand what we need to focus on and where we can improve.

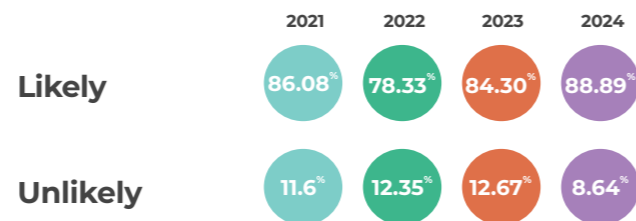
How satisfied are you with St Ives?

All Villages

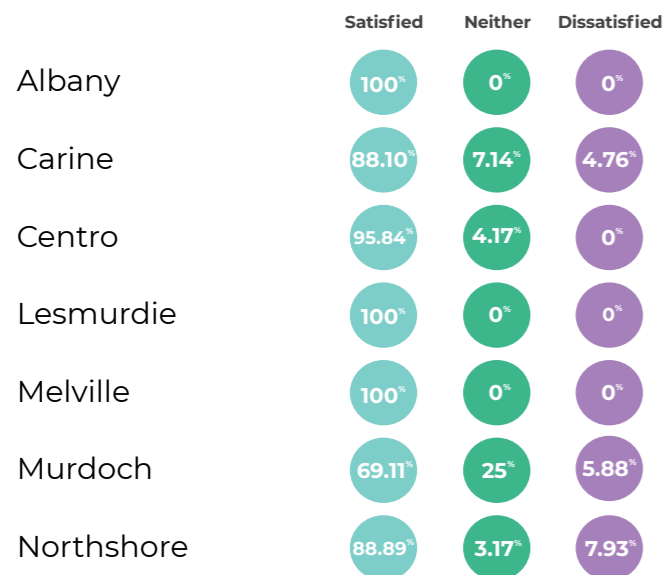


How likely are you to refer family/friends to St Ives?

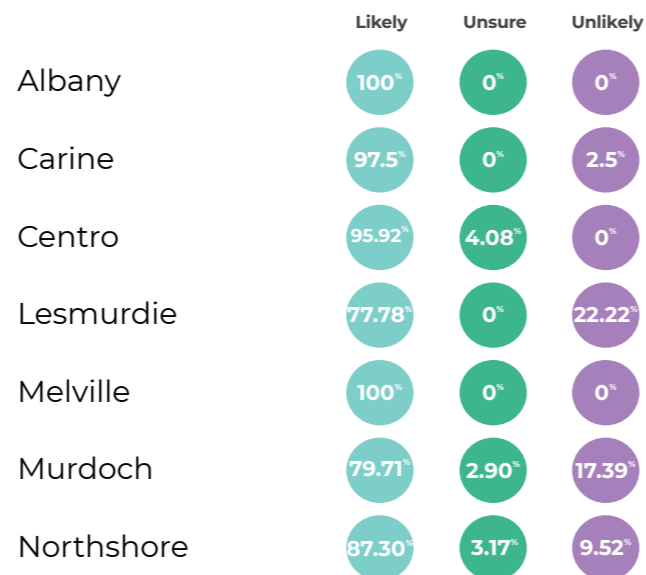
All Villages



What does your Village think?



What does your Village think?



Our Happiness Score

Our Happiness Score is how we are tracking our progress in our six areas of strategic focus.

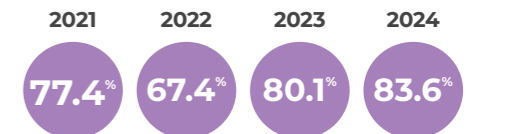
To determine the score, we average out the positive response scores across the six questions that relate to our Happiness influencers.

To what extent do you agree with the following statements?

October 2024 Happiness Score



Happiness Score:



How happy are you with the following aspects of Village life?





Congratulations to the winners of the Eftpos Gift Cards!



Winner Colleen from St Ives Northshore

All residents who submitted an End Of Year Resident Survey with their name included were entered into the draw to win one of two gift cards.

Congratulations to our winners Colleen from St Ives Northshore and Joan McCreed from St Ives Centro.

The St Ives Values



Teamwork

We combine our individual strengths, working together to improve our organisation.



Communication

We openly share information and our views, and actively seek and listen to the ideas of others.



Accountability

We accept responsibility for our actions and commit to making the right decisions for St Ives.



Respect

We acknowledge and value the diversity of opinions, abilities and feelings of our colleagues and residents.

Confetti & Chaos

We recently wrapped up our unforgettable Confetti and Chaos events at St Ives Carine, Northshore, Murdoch and Centro and wow – what a ride! From wild surprises to hilarious moments, our residents and guests were caught up in the mayhem of the most chaotic wedding reception you could imagine.

With laughter, dancing, and a few unexpected twists, everyone had an absolute blast! It was the perfect way to mingle, enjoy great company, and experience the St Ives' vibrant community spirit.

Thanks to everyone who joined us for the fun, love, and (of course) chaos!

Northshore



Northshore



Centro



Carine



Murdoch



WASO



St Ives Centro, Murdoch and Melville residents gathered in their clubhouse's to enjoy a delightful performance by WASO. It was a true pleasure to experience live music in such an intimate setting. The performers not only performed beautifully but also shared insights into their journeys with the West Australian Symphony Orchestra, adding a personal touch to the performance.



"So glad we joined the village people"

By Bruce Strang

St Ives Centro Resident
Letter to the Editor, West Australian Newspaper
10th August 2024

My wife and I moved into a retirement village in August last year after a long gestation period during which we contemplated the pros and cons of such an important move.

Once we made the move, we questioned why we vacillated for so long.

I'm convinced that the general public still has misconceptions or misunderstandings – or total ignorance – about retirement villages, where they liken them to nursing homes.

This unfortunate perception couldn't be further from the truth.

As a result, many operators feel the need to describe retirement villages as lifestyle or resort-type living to avoid such besmirching.

There are many good reasons why Australia and Australians would benefit if they were better informed on retirement living.

First, this industry could well be the answer, or a major solution, to Australia's housing crisis.

Retirees considering downsizing into a retirement community would free up homes for young families and, just as importantly, release capital tied up in their existing homes.

Even more important, as a Retirement Living Council report has shown, residents in retirement communities are physically and mentally healthier because they are up to five times more socially active and 41 per cent happier.

Moving into a retirement village does not end your previous life. In fact, it enhances it, with no gardening, pool cleaning, or home repairs to worry about, you'll have more time to enjoy activities like extensive travel and can look forward to increased social interactions with friends and family.

The other major benefit is that all residents feel much safer in a village as opposed to their own home.

The only foreseeable problem is that with the number of retirees over the next 20 years expected to increase by 70 per cent, developers are not keeping up with the likely future demand for retirement accommodation.

It is, therefore, critical that both Federal and State governments provide suitable building initiatives for developers to turbocharge this industry.



House Plant Tips

Downsized Living, Upsized Greenery: Houseplant Tips for Retirees

Retirement is a time to relax, explore hobbies, and create a home that is both comforting and invigorating. One delightful way to enhance your living space is by incorporating houseplants. Not only do they add a splash of nature and beauty to your home, but they also offer numerous benefits for your physical and mental well-being.

The benefits of Houseplants

1. Space Efficiency

It's common for people in retirement to downsize, freeing up finances to live their dream lifestyle. Whether you're moving into a St Ives retirement apartment or one of our two-bedroom homes, houseplants come in various sizes and shapes, making it easy to find the perfect fit for any nook or cranny.

Imagine a small succulent on your windowsill or a tall fiddle leaf fig in the corner.

2. Improved Air Quality

Houseplants are natural air purifiers. They absorb carbon dioxide and release oxygen, creating a fresher and healthier indoor atmosphere. Some plants, like the Spider Plant and Peace Lily, are particularly effective at filtering toxins from the air, which can be especially beneficial for homes in urban areas.

3. Boosted Mood and Reduced Stress

Interacting with plants has been shown to reduce stress and enhance mood. The presence of greenery can bring a sense of calm and tranquillity to your living space. Caring for plants provides a fulfilling and nurturing hobby, offering a sense of accomplishment and purpose.

The Journal of Physiological Anthropology discusses a study in which the results demonstrated that active interaction with plants, e.g. repotting, was shown to reduce blood pressure during the activity, with the test group feeling more soothed and comfortable.

4. Enhanced Aesthetic Appeal

Plants add a touch of nature's beauty to your home, creating a cozy and inviting ambience. They can complement any decor style, from modern minimalism to eclectic boho. The vibrant greens and occasional blooms can brighten up any room provided the right care is given.

Make sure your houseplants thrive with our top tips!

Choose the Right Plants

Selecting plants that thrive indoors in Australia is crucial. Some excellent choices for your home include:



Snake Plant
Dracaena
Trifasciata

Extremely low maintenance and tolerant of low light.



Pothos
Epipremnum
Aureum

Known for its air-purifying qualities and easy care.



ZZ Plant
Zamioculcas
Zamiifolia

Hardy and drought-resistant, perfect for beginners.



Peace Lily
Spathiphyllum

Prefers indirect light and has excellent air-purifying abilities.



Spider Plant
Chlorophytum
Comosum

Adaptable and great for improving indoor air quality.

Understand Light Requirements

Different plants have varying light needs. While some plants thrive in bright, indirect light, others prefer low-light conditions. Pay attention to the natural light in your home and place plants accordingly. If natural light is limited, consider using grow lights to supplement.

Water Wisely

Overwatering is a common mistake that can lead to root rot and other issues. It's essential to understand the watering needs of each plant. Generally, it's better to be underwater than overwater. Allow the soil to dry out between waterings and use pots with drainage holes to prevent water from sitting at the bottom.

Maintain Humidity Levels

Indoor environments, especially with heating or air conditioning, can be quite dry. Many houseplants prefer higher humidity levels. You can increase humidity by:

- Grouping plants together.
- Using a humidifier.
- Placing a tray of water near the plants.
- Mist-spraying the plants occasionally.

Regular Cleaning and Pruning

Dust can accumulate on plant leaves, blocking sunlight and hindering photosynthesis. Gently wipe the leaves with a damp cloth to keep them clean. Prune any dead or yellowing leaves to promote healthy growth and maintain the plant's shape.

Feed Your Plants

Indoor plants benefit from regular feeding during their growing season (spring and summer). Use a balanced, water-soluble fertilizer every 4-6 weeks to provide essential nutrients. Be cautious not to over-fertiliser, as this can harm the plants.

Australia's First 'Blue Zone' Retirement Village

Australia could be on the brink of establishing its first 'blue zone' – a region where people are known for their exceptionally long lives.

According to renowned longevity expert Marcus Pearce, Australian retirement villages possess a unique opportunity to be awarded this status by offering older Australians an active and connected lifestyle, with similarities akin to established blue zones.

Speaking at the recent National Retirement Living Summit, Pearce shared his insights and experiences from visiting the five 'blue zones' across the world, emphasising the incredible potential for retirement villages to embody their lifestyle.

What is a Blue Zone?

The term 'blue zone' refers to regions around the world where people enjoy remarkable longevity, with many of their population living beyond 100. Their longevity is attributed to a lifestyle characterised by physical activity, low stress, rich social interactions, a whole-foods diet, and low rates of disease.

There are currently five recognised blue zones dotted across the world, and while they don't eat the same foods, or even share cultures, the similarities of their lifestyle have been identified as a factor in the longevity of their populations.

- Okinawa, Japan;
- Icaria, Greece;
- Nuoro Province in Sardinia, Italy;
- Nicoya Peninsula, Costa Rica;
- Loma Linda, California.

The Vision for Australian Retirement Villages

"The next 'blue zone' – or the first Australian Blue Zone – is going to be a retirement village." Pearce highlighted how retirement villages are ideally positioned to transition into the 'blue zone' benefits, by offering residents an optimal retirement lifestyle and enhancing their quality of life.

"This industry can incorporate so many of the 'blue zone' benefits, which will lead to greater consumer confidence and an incredible quality of life for the duration of their stay,"

Praise for the Retirement Living Sector

Commending the efforts of the retirement living sector, Pearce said, "This has been the most inspiring conference I've attended. You guys absolutely love what you do, and that is evident with every conversation I've had with industry leaders."

He emphasised the importance of passion in one's work as a key 'nutrient' for longevity. "Loving what you do and doing what you love is one of the most important 'superfoods' or nutrients for longevity," he added.

A Call for Improved Perceptions of Ageing

Pearce shared his journey to becoming a longevity expert, critiquing the current perception of ageing in Australia as an "absolute joke."

He called for improved efforts in changing these perceptions, stating, "In order to change perceptions, we have to do better. We are all in this room doing a cracking job, an awesome job, an amazing job at helping people make their retirement years fabulous. But that doesn't mean after we give ourselves a pat on the back, that it ends there. We must grow and improve."

The Secret to Longevity

According to Pearce, there isn't just one secret to longevity. Instead, it involves a combination of life purpose, physical activity, and social engagement.

"You've got to have a compelling reason to get out of bed each day, you've got to be physically active, and you've got to be socially active. You can't just have one or two of them," he explained.

At St Ives, we like to shout about the incredible retirement lifestyle that's on offer in our communities, as well as provide full transparency of our residents' opinions. This is so those who are considering spending their golden years within our retirement villages have confidence in their decision.

But you don't need to take our word for it.

The Retirement Living Council's 2023 report, *Better Housing for Better Health*, supports Pearce's views. Executive Director Daniel Gannon noted that retirement village residents are 41% happier, 15% more physically active, twice as likely to catch up with family and friends, five times more socially active, and experience reduced levels of loneliness and depression compared to non-residents.

"A big part of this compelling health value proposition is built around constant human and social connection," Gannon said.

Intelligent Eating and Social Connection

Pearce emphasised the importance of intelligent eating and social dining in enhancing mental health. "One of the greatest nutrients to improve your mental health is eating with others at the table," he said. He also advised against eliminating enjoyable foods like coffee, wine, and chocolate. "You don't have to try and reach this pinnacle, which is often driven by guilt because every centenarian that I ever met loves coffee, wine and chocolate."

St Ives Retirement Living: Leading the Way

St Ives Retirement Living exemplifies the potential of creating a 'blue zone' community. Known for our state-of-the-art amenities and range of residential dwellings, we strive to offer a lifestyle that promotes happiness, health, and social engagement. The compassionate and caring staff at St Ives ensure that every resident receives the attention and care they deserve, contributing to an environment where longevity can thrive.



Pooch and Peeps

St Ives Murdoch

A big thank you to Terry from Pooch-n-Peeps Pawfect Bus Tours for treating our St Ives Murdoch residents and their furry friends to a fantastic day out back in August. Both dogs and owners had a wonderful time exploring beautiful sights, picking up some treats, and enjoying a delightful lunch at Mahogany Creek.



If you would like to organise your own day out with your pooch contact Terry today!

Terry Butts
CEO/Owner

Phone
0473 622 565

Email
terry@pooch-n-peeps.au

Website
pooch-n-peeps.com.au

Kate's Staff recipe



Kitty's Biscoff Fudge

Ingredients

- 1 x 397g tin of condensed milk
- 300g good quality white chocolate
- 1 biscoff jar (I chose crunchy but smooth would work too)
- 6 biscoff biscuits

Method

1. Grease and line an 8 x 8" tin. If you're using a silicone mould you don't need to do this.
2. In a zip lock bag, crush the 6 biscuits and leave to one side. We'll use this for the topping later.
3. Over a medium - low heat, melt the white chocolate and condensed milk together. Remove from the heat once it's completely melted and add in 2/3 of a jar of Biscoff. Stir to mix this in, returning to a low heat if you need help melting it all down.
4. Pour the mixture into the lined tin and even out with the back of a spoon.
5. Warm the remaining 1/3 of the Biscoff over a low heat and then pour this on top of the mix, pressing the crumb mixture on top.
6. Leave to set in the fridge for at least 3 hours until completely firm and cooled. Remove from the tin and use a sharp knife to cut them into 1" squares.
7. Alternative topping - crushed up Maltesers.



A Favourite Resident Recipe



Resident recipe from Claire Ellis: **Date and Nut Loaf**

Ingredients

- 1 cup chopped dates
- ½ cup sugar
- ½ cup walnuts
- 1 tablespoon butter
- 1 teaspoon bicarbonate of soda
- Pinch of salt
- 1 cup boiling water
- 170 g self-raising flour

Method

1. Preheat oven to 180°C. Grease a loaf tin.
2. Place dates, sugar, walnuts, butter, soda, and salt into a basin. Add boiling water and allow to stand until the mixture is cold. Then add sifted flour and mix well.
3. Pour into the prepared tin and bake for 30–35 minutes. (Turn oven off about 10 minutes before the cake is cooked.)
4. Serve sliced, with butter.



Resident recipe from Helen Stephens: **Easy Shortbread**

Ingredients

- 500g plain flour
- 375g softened butter
- 125g icing sugar

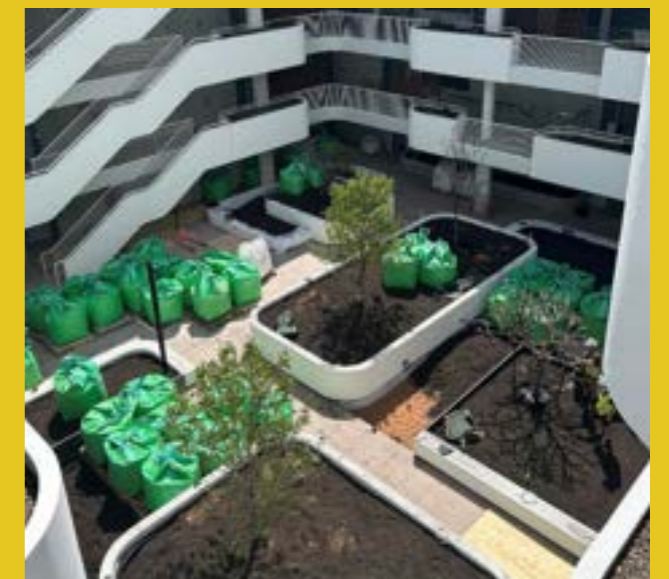
Method

1. Cream butter and sugar until almost white, gradually add sifted flour.
2. Turn out onto a floured board. Shape into a circle then cut into 4. Roll each ¼ out to approx. 1cm then cut into shapes (not too big as shortbread will spread when cooked).
3. Prick with a fork – glace cherries or almonds can be added on top. Bake in a slow oven 130°C for an hour or so. Should be pale in colour.



Carine stage 2 Building in action

The highly anticipated Stage 2 of St Ives Carine is nearing completion, and we are thrilled to share that residents will begin moving in early next year! This marks a significant milestone in our journey to expand this vibrant retirement community, offering even more opportunities for residents to enjoy a modern, fulfilling lifestyle. We can't wait to welcome our new neighbors to their stunning new homes. Check out some of the latest build photos below for a sneak peek at the progress!



Ambient Flames

"Setting the senses on fire"

Who are we?

For over a decade, we have worked across the retirement living and home care sector.

As instinctively caring and compassionate people, we found reward in helping older people live their best lives.

With a natural flair for creativity, we decided to leave corporate life behind and pursue a passion which ignited Ambient Flames.

Wellbeing is our why and natural is our guarantee

Help people find solace and tranquillity in the soothing embrace of candlelight and fragrance.

Craft natural and aromatic products that are devoid of harmful toxins and provide an approach to wellness.

Provide people with a five senses experience through beautifully designed, unique and environmentally sustainable products.

Inspired by the beauty and serenity of the coast and presented in high quality vessels.

Hand poured candles using 100% professional grade soy wax which is both natural and kosher.

Lead free wicks, made from textile grade cotton to enhance burning qualities.

Infused with fragrances that emanate scents of exotic fruits and tropical blooms designed to "Set the Senses on Fire".



St Ives residents receive 15% discount on any of the Ambient Flames products or a 20% discount for orders over \$50.

Visit: ambientflames.com.au to redeem this offer!

STIVES15%

This entitles the individual to 15% off the retail sales price of any item.

STIVES20%

This entitles the individual to 20% off the total retail sales price of any order over \$50.

Or email: sales@ambientflames.com.au



50fit Exercise Classes

First class
is free
for all St Ives
residents.



Exercises that focus on strength, balance, flexibility, and cardiovascular fitness whilst socialising at the same time! There is always something different planned, with a variety of ages over 50 years old with a range of fitness levels*.

Tuesday 10am: Kadidjiny Park Hall, Melville

Thursday 10am: 9 Solomon Street, Palmyra

Sessions are only \$10, for 45 mins of exercise to music.

Emma has a Bachelor of Science in Exercise and Health Science and has been running 50FIT classes for 8 years.



**Call Emma Hatch on 0408 339 457
or contact emma@ohlalamummy.com.au**

*Need to be free from mobility aids

Feb and March

RAC Travel Events



Travel Talk with Scenic and Emerald Cruises

Date: 27 February 2025

Join us for an afternoon tea and immerse yourself in the world of luxury cruising. Hear from a Scenic & Emerald expert and learn about the unparalleled beauty of cruising in luxury, enhanced safety and comfort along the world's most stunning rivers and oceans, while enjoying a cup of tea and some delicious treats.



Travel Talk with Viking Cruises

Date: 27 March 2025

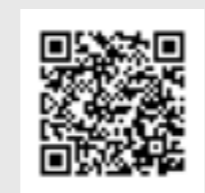
Join us for an afternoon tea and explore the Viking Difference. Enjoy a warm cup of tea and delightful treats as an expert from the renowned small-ship cruise line shares insights into Viking's unforgettable, destination-focused journeys.



Travel Talks with Outback Spirit and Journey Beyond coming in May 2025.

More information & registration to come.

Scan Me



Are you taking advantage of these *offers?*



Endota Spa Benefits Offer

Our gift cards offer a range of nourishing endota experiences. These aren't just gifts. They're gifts of serenity. Of self-care. Of glowing skin. And they're the perfect way to show you care.

10% off Gift Cards*

Shop at Endota spa | Gift Card Balance using the following promo code at check out: **STIVES10**
endotaspa.com.au/shop/gifting/gift-cards.html

20% off products online*

Discover our range of products created to support your journey towards a greater sense of wellbeing – to help you nourish and nurture your mind, body and skin.

Shop at Beauty Products | Skin Care Products - Endota spa using the following promo code at check out: **STIVES20**
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*Gift Card Offer Terms and Conditions – Offer available May 17 2024 – May 17, 2025 - Terms and Conditions (www.endotaspa.com.au/terms-and-conditions)
Product Offer Terms and Conditions – Terms & Conditions: 20% off Endota products online offer available from May 17 2024 – May 17, 2025. Offer valid online only. Offer includes endota New Age, endota Organics, endota Rest & Restore, endota Nurture, endota Glow, endota Live Well, endota Colour, endota Clean, endota Natural Clear Zinc, Crystal Lab, Wicks and Stones, Smile Makers, The Peninsula, teas and accessories. Offer excludes treatments, gift cards, clean duo packs, limited-edition seasonal gifting ranges, new age mini kits, organic skincare value packs; balance and hydrate, nurture mother and baby packs, Vacation Vibes, Omnilux and endota Retreat. Offer available online and in participating spas. endota cannot guarantee the availability of stock during the offer period. No rainchecks. Not available with any other offer, unless otherwise stated. endota spa reserves the right to cancel or change promotions at any time. During peak sale periods, delivery may be longer due to the high volume of orders. For any queries regarding this promotion call 03 5971 8700 or email customer@endota.com.au. For full terms and conditions and a list of participating spas please see endota.com.au/terms-and-conditions.



What's on at

the theatre?



waso West Australian
Symphony Orchestra

MATINEE SYMPHONY SERIES

1-HOUR CLASSICAL CONCERTS

HEATH LEDGER THEATRE, STATE THEATRE CENTRE OF WA
THURSDAYS 10.30AM & 1.30PM

BOOK NOW
waso.com.au
9326 0000



Sunmi Jung WASO Violin.



Good Old Days of Rock 'N' Roll

Date: 22 March 2025

In "THE GOOD OLD DAYS OF ROCK 'N' ROLL" , audiences will re-live all the FABULOUS ORIGINAL HITS from the HITMAKERS themselves - LITTLE PATTIE, DIGGER REVELL, JADE HURLEY, DINAH LEE and LUCKY STARR.

Special St Ives Resident Price of: \$90*



Chris Connor – Elvis

Date: 29 March 2025

Australia! In 2025, after a sold out 2024 tour, Chris Connor embarks on his biggest Australian tour ever, gracing all major capital cities with a spectacular tribute to the one and only King of Rock 'n' Roll. Known for his uncanny resemblance and electrifying performances, Chris Connor brings Elvis Presley back to life on stage like never before.

With his dynamic voice, charismatic stage presence, and impeccable attention to detail, Chris Connor delivers a concert experience that will leave you breathless.

Join us for an unforgettable evening as Chris Connor pays homage to the legend who revolutionised music and continues to inspire generations.

Don't miss your chance to witness this incredible tribute. Tickets are on sale now!

Special St Ives Resident Price of: \$60*

Please email your ticket request through to our admin email
admin@regaltheatre.com.au

*These offers are subject to availability.

Calneggia Family Vineyards



Feeling spoilt for choice and unsure which wine to indulge in? Let us guide you with these amazing picks:

- **CALNEGGIA Nero D'Avola Syrah** – A masterful blend of Sicily's bold, fruity Nero d'Avola and the spicy, peppery Syrah. This wine has rich berry notes with a hint of spice, making it the perfect pairing for hearty dishes like roast meats, pasta with red sauce, or even a flavourful stew.
- **CALNEGGIA Fiano** – Full-bodied and complex, this Fiano offers tropical fruit flavors balanced with a touch of honey and almond. Its creamy texture is the ideal complement for seafood dishes, whether it's grilled prawns, a seafood risotto, or oysters on the half shell.
- **CALNEGGIA Prosecco Rosé** – A delightful and refreshing sparkling wine with fresh strawberry and raspberry aromas, offering a crisp, light, and fruity finish. Perfect for celebrating any occasion or enjoying with lighter meals like salads, charcuterie, or a simple brunch spread.

Which one will you choose to compliment your next meal?



RESIDENT BENEFITS CLUB OFFER

20% off wine and FREE shipping

Buy 12 or more bottles of wine using the code **STIVES** via the Calneggia Family Vineyards website cfwine.com.au



TURN YOUR FRIENDS INTO NEIGHBOURS!



Refer a friend to St Ives and we'll say thanks by:

 Sending you packing with a \$2,000 RAC Travel voucher

 Putting \$1,000 towards your friend's moving costs

Chat to your Village sales team member for details

ST IVES REALTY

Real estate agents you know, right on your doorstep.

If you, or someone you know, has a property to sell, speak to your Village Sales Rep about having a free appraisal to see where you stand.



Golf Lessons

Free lessons with the professionals from Wembley Golf Course.

As a St Ives resident you can receive golf lessons from the team of professionals at the Wembley Golf Course Swing Driving Range. The team can help the dedicated golfer improve their swing, or the brand new player pick up the basics of this great game and start having fun.

For more info email Rebecca Napoli at St Ives Realty on rebecca.napoli@stivesrealty.com.au



The year that was



ST IVES

Melville

Here is a collection of moments captured in 2024, showcasing the wonderful times St Ives Melville residents have shared together.



Bowls competition Centro vs Murdoch



Residents at St Ives Centro and Murdoch came together for an exciting bowls competition, fostering community spirit and friendly competition among neighbours.



Albany Offers



Paperbark Merchants

\$10 voucher for every \$110 spent in-store

Albany residents will receive a \$10 voucher for every \$110 they spend in-store at this local bookstore.



Lush Garden Gallery

10% off plants, trees, pottery and giftware

This gorgeous nursery is offering our Albany residents 10% off their range of plants, trees, pottery and giftware. Simply present your card to receive your discount.

Visting Perth?



Vibe Hotels

15% dynamic discount off the best available rate at the Vibe Hotel Subiaco

Contemporary accommodation just 100m from the famous Regal Theatre and close to Kings Park. Great offer for all of our residents and their visiting family and friends! Call (08) 6282 9000 and mention St Ives Retirement Living to receive the offer



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 **ST IVES**
RETIREMENT LIVING

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